Learning Centre
Queensland Centre for **Mental Health Learning**

QC9 Critical Components of Risk Assessment and Management

This one day course aims to promote evidence-based clinical risk assessment and management practices.

Over the course of this workshop, participants will work through a series of scenario-based activities, including collaborative group, pair, and individual activities. In the workshop participants will work through various time points of a scenario, identifying and analysing information and developing and documenting management plans. All workshop supporting materials are designed to assist learner upskilling in prevention-oriented risk assessment and response, and in developing and documenting management plans in line with current and emerging Queensland Health mental health and alcohol and other drug practice and standards.

Clinical risk assessment is a dynamic process involving a gathering of information, an analysis of current risk issues weighed against mitigating factors by formulating a prevention-oriented risk summary which in turn informs risk planning strategies.

This course orients mental health practitioners to the foundations of risk assessment and management with a focus on communication, collaboration and documentation. The course highlights a six-stage risk assessment and planning process which applies to a range of risk domains including aggression/violence, vulnerability, suicide, self harm, absent without approval and child safety.

Participants are furnished with skills to identify known risk factors relevant to an individual, understanding the context in which they are occurring and linking historical information to present information. Triggers and warning signs are also considered in relation to this. Importantly, identifying what is not known about a person's risks, and taking action to broaden information gathering activities is also covered using a collaborative approach and making assessment decisions based on informed clinical judgement. The course then demonstrates how to use this information to develop a long-term and immediate risk management plan.

Suitable for both early career and experienced practitioners this course reflects current Queensland Health policies and guidelines on risk assessment and management and addresses the over-arching issues of clinical risk in any service delivery setting.

The course uses an applied learning approach with large and small group activities designed to support achieving the course outcomes, culminating in an online assessment where participants have the opportunity to apply the skills they have learned and receive individualised feedback.

Anticipated learning outcomes:

- identify static, dynamic, protective, future and unknown factors according to six domains of risk, and associated triggers and warning signs
- weigh up the risk factors identified, and determine the gegree to which protective factors mitigate risk
- develop a risk summary that describes the risk factors, the relationship between them, missing information, and upcoming issues that may cause an increased risk
- generate strategies and management options to mitigate the risks
- document strategies in both an immediate management plan and a long-term care plan
- review risk assessment and management process.

When to attend training:

New clinicians: As soon as practical when commencing clinical practice.

Experienced clinicians: Please refer to your local mandatory/ requisite training requirements. It is however recommended to complete as a refresher approximately every two years to ensure adherance to current practices, policies and procedures.

Cost: $250
Queensland Health/QAS - Nil (internally funded)

Mode: Face-to-face

Duration: 1 day = 7 hours active learning for CPD

Aligned to:
- *Better Care Together*
- *Recovery Oriented Mental Health Services 2013.*

Assessable course: Post training, online assessment completion is required to achieve full qualification; Certificate of Achievement. An additional 2 hours CPD will also be reflected.

More options: Available via online classroom. View QC33 CCRAM online classroom on our website.

Supported by QC54 Foundations of Risk Assessment and Management eLearning.

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