Learning Centre
Queensland Centre for **Mental Health Learning**

QC8 Supervisee

This four-hour workshop is part 2 of the foundational level supervisee training and builds on topics introduced in part 1; QC60 Introduction to Supervision eLearning (page 37), the required pre-requisite to QC8.

During this workshop, you will learn the qualities you need from a supervisor, the types of agreements that will ensure the supervisory relationship remains functional and safe, how to choose topics to bring to supervision and ways to learn during supervision that support your well-being, professional growth and safe working. You will also explore evaluation as a vital process to ensure you achieve your supervision goals while maintaining a healthy working alliance with your supervisor.

Underpinned by The Queensland Health S*upervision Guideline for Mental Health Alcohol and Other Drugs Services 2003* (pending publication), this course is for any staff who wish to learn how to engage in supervision to get the most value out of supervision and establish a strong working alliance with their supervisor. It may also help those who have had unhelpful supervision experiences bring greater structure to their supervision practice. This course is aimed at all disciplines and work roles.

QC8 Supervisee (workshop) is available in both face-to-face and online formats. Refer to location/venue details for available sessions.

Note: This course is highly recommended pre-training for those transitioning to a supervisor role and seeking to gain greater understanding of practice prior to enrolling in QC4 Supervisor training.

Anticipated learning outcomes:

- Recognise the qualities in a supervisor that will support you to achieve your supervision goal(s).
- Identify the kinds of agreements that will ensure your supervisory working relationship is protected and functional.
- Choose topics to bring to supervision that help you achieve your goal as well as support your professional growth, learning and well-being at work.
- Learn from experiences and situations encountered at work, using Gibbs' reflective cycle.
- Observe how feedback contributes to learning and strengthens the supervision relationship.
- Recognise the importance of evaluation to assess goals, identify future supervision needs and signal issues in your supervision relationship.

When to attend training:

- When you have been advised by your service that you may engage in supervision to support your professional growth and learning.
- If you are already engaging in supervision and want to learn how to get the best value from it.
- When you are considering undertaking the role of supervisor and you haven't as yet recieved supervisee training.
- If you are an experienced supervisee who has had unhelpful supervision experiences and you want to learn about tools and processes that will ensure greater success.
- You are considering becoming a supervisor and require a greater understanding of roles and supervision practice.

Cost: $125
Queensland Health/QAS - Nil (internally funded)

Mode: Face-to-face/online classroom

Duration: 1/2 day = 4 hours active learning for CPD

Pre-requisites: Completion of QC60 eLearning

Aligned to:
- *Supervision Guidelines for Mental Health Alcohol and Other Drugs Services 2023*.

More options: Supported by Supervision Resources for Mental Health Services:
https://www.health.qld.gov.au/qcmhl/supervision_res

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