Learning Centre
Queensland Centre for **Mental Health Learning**

QC61 Suicide Risk Assessment and Management in Emergency Departments (SRAM-ED)

The QC61 SRAM-ED course is designed to enhance the knowledge and skills of clinicians working in emergency departments with people presenting to ED in a suicidal crisis or who are at risk of suicide.

The blended learning course consists of a pre-requisite two-hour eLearning module that is followed by attendance at the applied skills-based workshop with a local accredited QC61 SRAM-ED trainer.

Workshop delivery mode may be face-to-face or online classroom as determined by the local trainer.

The eLearning module includes interactive videos, activities and access to resources, and orients participants to best practice approaches in suicide prevention by sharing:

- the voices of people who have lived or living experience of suicidality
- the perspectives of Emergency Department clinicians (nurses and medical specialists)
- a model to assess suicide risk within an emergency department setting, including consideration of risk factors, warning signs and protective factors
- a suicide-specific approach to engaging with and interviewing a person experiencing suicidality
- trauma-informed and culturally sensitive considerations when engaging with a person experiencing suicidality
- strategies to manage and maintain clinician wellbeing
- resources and tools that you may find useful in your practice.

The workshop builds upon the eLearning module by providing participants with an opportunity to practice suicide specific engagement and interviewing skills. Upon completion of the workshop it is anticipated that participants will be able to:

- recognise suicide risk in the emergency department by considering warning signs, risk and protective factors
- engage compassionately with the person, consider the person's unique needs and apply trauma-informed principles
- respond to a person experiencing suicidality and assess suicide risk directly and sensitively with validation and empathy
- provide safety and support to a person in suicidal distress
- use self-care strategies when needed for self and colleagues.

Note:

The Learning Centre does not coordinate the local SRAM-ED workshops. Please contact your local accredited SRAM-ED training for availability in your area.

Those with a view to becoming an accredited SRAM-ED trainer, please refer to QC25 SRAM-ED and the appropriate EoI process.

Cost: Nil - applicable to Queensland Health staff only

Mode: eLearning followed by workshop

Duration: 2 hours eLearning + 2-3 hours workshop = 4.5 hours active learning for CPD

Pre-requisites: Completion of 2 hour pre-workshop eLearning

Queensland Centre for Mental Health Learning
Cnr Ellerton Dr & Court Rd Wacol 4076
ph: (07) 3542 2111 email: sramed@health.qld.gov.au

West Moreton Health
Queensland Government