Learning Centre
Queensland Centre for **Mental Health Learning**

Train-the-trainer course

QC25 Suicide Risk Assessment and Management in Emergency Departments - Train-the-trainer

QC25 Suicide Risk Assessment and Management in Emergency Departments (SRAM-ED) - Train-the-trainer is for Educators supported to deliver the new QC61 SRAM-ED to staff locally in their HHS (replaces QC50 SRAM-ED Foundation/QC51 SRAM-ED Advanced).

The new SRAM-ED program (QC25 Train-the-trainer and QC61) was co-designed with lived experience representatives (consumers, carers and peer workers), cultural advisors, and ED clinicians (nurses and medical consultants). The program continues to prioritise compassionate engagement with people experiencing suicidality or at risk of suicide.

The QC25 SRAM-ED Train-the-trainer is a blended course consisting of:

1. completion of the pre-requisite QC61 SRAM-ED eLearning,
2. attendance at the one-day face-to-face workshop.

Completion of the eLearning module will enhance understanding of foundational suicide prevention principles and best practice approaches to suicide risk assessment and management through compassionate engagement. The train-the-trainer will present and explain in detail the QC61 SRAM-ED course content and activities. Participants will learn how to deliver the course to deepen ED clinician understanding of suicidal behaviour, provide them with a model to assess suicide risk (including engagement and interviewing skills) and respond to a person presenting with suicidality in a safe and trauma-informed way. Clinician self-care considerations are also interwoven throughout the train-the-trainer.

Upon completion of the train-the-trainer, participants will be accredited to deliver the two-hour QC61 SRAM-ED workshop to ED staff within their local HHS in either face-to-face or online formats.

Anticipated learning outcomes:

- develop a clear understanding of the purpose, content and learning design of the QC61 SRAM-ED course
- gain insights and learn strategies to deliver QC61 SRAM-ED in a trauma-informed way
- acquire knowledge of approaches and strategies to ensure the emotional safety of participants while delivering QC61 SRAM-ED
- learn techniques for delivering the two-hour workshop in either face-to-face on online formats
- develop an understanding of how to plan, publish and manage training sessions on the Learning Centre's Learning Management System (LMS)
- acquire knowledge and skills in required supporting activities including recording course completion, and course delivery and attendance reporting.

Cost: Nil - applicable to Queensland Health staff only

Mode: Blended (eLearning + face-to-face)

Duration: 2 hours eLearning + 1 day = 9 hours active learning for CPD

Pre-requisites: Completion of 2 hour pre-enrolment eLearning.

You must also be pre-approved to roll out SRAM-ED to staff in your local HHS and meet EOI selection criteria.

Aligned to:

- *Queensland Health Suicide Risk Assessment and Management guidelines (Engaging and Responding to the needs of a suicidal person)*.

To be considered for the QC25 SRAM-ED Train-the-trainer you must:

1. Demonstrate some experience and knowledge in education or workshop facilitation.
2. Demonstrate experience and knowledge in mental health and suicide prevention skills, and be willing to utilise trauma-informed principles within ongoing workshop deliveries.
3. Be committed to and supported by your HHS to delivering a prescribed number of sessions determined by local staffing needs and provide documented evidence of these in reports to the Learning Centre.
4. Submit an Expression of Interest Addressing selection criteria. Completed via the QC25 course page on the Learning Centre LMS. Contact sramed@health.qld.gov.au for more information.

Queensland Centre for Mental Health Learning
Cnr Ellerton Dr & Court Rd Wacol 4076
ph: (07) 3542 2111 email: qcmhltraining@health.qld.gov.au

West Moreton Health
Queensland Government