Learning Centre
Queensland Centre for **Mental Health Learning**

QC19 Risk Refresher (Refresher for QC9/QC33 Critical Components of Risk Assessment and Management)

In this four hour refresher course delivered only via an online classroom, learners revise key risk assessment factors and strategies first undertaken in the full QC9 or QC33 Risk Assessment training.

The online classroom facilitates the application of knowledge and skills to complete a fictitious scenario-based risk assessment and management plan in the context of peer interactions.

Learners are guided through the identification and investigation of risk factors and encouraged to use informed professional judgement to develop risk summaries that effectively communicate the weighing up of identified risk and protective factors. The course uses comparative language and prevention-oriented approaches to formulation with an emphasis on the development of treatment plans guided by the individual needs of the consumer, with a recovery-oriented approach.

Anticipated learning outcomes of this course include:

- revise how to identify static, dyamic, protective and unknown factors according to six domains of risk, and associated triggers and warning signs
- weigh up the risk factors identified and determine the degree to which protective factors mitigate risk
- develop a risk summary that describes the risk factors, the relationship between them, missing information, and upcoming issues that may cause an increase in risk
- generate strategies and management options to mitigate the risks
- document strategies in an immediate management plan and long-term care plan
- review the risk assessment and management process.

When to attend training:

Experienced clinicians should consider completing this refresher approximately every two years to ensure currency with practices, policies and procedures. However, Queensland Health staff are encouraged to check with local MHAODS HHS mandatory or requisite training requirements to ensure compliance with relevant local expectations..

Cost: $125
Queensland Health/QAS - Nil (internally funded)

Mode: Online classroom only

Duration: 1/2 day = 3.5 hours active learning for CPD

Pre-requisites: This is a refresher course; previous completion of QC9 or QC33 required

More options: Supported by QC54 Foundations of Risk Assessment and Management eLearning.

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