Learning Centre
Queensland Centre for **Mental Health Learning**

QC12 Supervising Supervisors

This two day course has been designed for clinicians who are currently supervising supervisors, or those wanting to transition to this role.

Building upon the learning from QC4 Supervisor training, the course provides a safe environment for participants to develop advanced skills in providing supervision to those who are supervisors.

Outlining the components and stages of supervisory processes will guide the supervising supervisor to establish, negotiate, maintain and end a supervisory relationship, thus decreasing ambiguity and providing clarity for roles and outcomes.

The training also covers challenges that may be experienced in supervisory situations thereby furnishing the participant with practical skills to address situations faced in practice, as well as effective skills for observation, evaluation and reflection.

Supporting and strengthening consumer centred mental health services is the underpinning focus of supervision practices.

Important: To be eligible for enrolment in this course it is required that you have progressed through the suite of Learning Centre supervision courses; commencing with QC60 Introduction to Supervision eLearning (1.5 hours), then QC4 Supervisor workshop (2 days). Time and experience implementing skills taken from the pre-requisite training is also an important part of this advanced course.

Anticipated learning outcomes:

- identify the specific competencies that make supervision of supervision a distinct role
- use strategies for identifying and addressing parallel processes
- apply the Seven-eyed Process model and Models of Reflection for the identification of transference and counter transference
- demonstrate skills in using reflective practice as a supervising supervisor
- demonstrate skills in the use of the Internal Process Recall model to enhance accurate, respectful and challenging feedback
- use video technology to record supervision sessions as a means of deepening the reflective process
- explore ethical complexities in supervision and develop strategies for addressing them.

When to attend training:

As soon as practical when commencing supervision of supervisors, or for experienced supervising supervisors who wish to refresh their skills and review their supervisory practice.

Cost: $500
Queensland Health/QAS - Nil (internally funded)

Mode: Face-to-face only

Duration: 2 days = 14 hours active learning for CPD

Pre-requisites: Completion of QC4 Supervisor and relevant practical experience

Aligned to:

- *Supervision Guidelines for Mental Health Alcohol and Other Drugs Services 2023.*

More options: Supported by Supervision Resources for Mental Health Services:
https://www.health.qld.gov.au/qcmhl/supervision_res

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